

Goal setting Guide

Our top goal setting tips

1. Goals don't have to be financial
2. Goals should be specific
3. Goals should be measurable
4. Goals should be achievable (for you)
5. Goals should be relevant & realistic
6. Goals should be time bound
7. Write your goals down
8. Create a stretch goal
9. Goals can change

Goal 1:

Goal 2:

Goal 3:

Stretch Goal:

